Wildlife & Conservation | CHECKLIST

Lyme Disease Prevention Checklist

A Lyme disease prevention checklist for farm workers and families to follow before, during, and after outdoor work in tick areas, and it is free to print and fill in by hand.

Farm / unit: _____ Date: _____ By: _____

ITEM	OK	FIX	N/A
Wear protective clothing	☐	☐	☐
Use repellent per the product label	☐	☐	☐
Check for ticks during work	☐	☐	☐
Do a full body check after	☐	☐	☐
Shower after outdoor work	☐	☐	☐
Dry and check clothes	☐	☐	☐
Keep brush and grass trimmed	☐	☐	☐
Check pets and livestock	☐	☐	☐
Know whom to call if bitten	☐	☐	☐

NOTES / REPAIRS NEEDED

TIP See your doctor if you find an attached tick or develop symptoms, and follow health agency advice.