Farm Nutrition Labeling Guide

A guide to nutrition labeling for small farm food products, used by owners deciding whether a label panel is needed. Print it, fill it in on site, and file the completed copy with your records.

Farm / unit: _____ Date: _____ By: _____

1. Find out if your product is exempt
2. Gather recipe and serving details
3. Choose a lab or software method
4. Draft the panel format
5. Check claims such as low or free
6. Review small business rules
7. Have regulator review the label

YOUR NOTES

TIP Confirm exemptions and format requirements with FDA or your state agency before printing.

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