Harvest Maturity Guide for Fruit

A reference for judging when fruit is ready to pick. Growers use it to record maturity checks by crop and variety so harvest timing fits the market.

Farm / unit: _____ Date: _____ By: _____

1. Note crop and variety
2. Check ground color or skin color
3. Check firmness by hand or tester
4. Taste a sample
5. Check seed or stem changes
6. Record weather and days from bloom
7. Pick a test sample
8. Adjust harvest by buyer needs

YOUR NOTES

TIP Maturity signs vary by variety, so follow extension guidance and keep your own tasting notes.

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