Companion Planting Guide

A reference for companion planting in gardens and fields. Use it to log which pairings you try and what results you see. Print a copy for each season and keep the filled pages with your farm records.

Farm / unit: _____ Date: _____ By: _____

1. List crops in the planting
2. Note intended benefit of each pair
3. Check spacing and light needs
4. Plan planting dates
5. Watch for competition
6. Record pest and disease pressure
7. Compare with a control bed
8. Keep or drop the pairing

YOUR NOTES

TIP Many pairings are traditional rather than proven, so keep your own notes and test small first.

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