Tick Removal Guide

A tick removal guide with ordered steps for farm workers to check for ticks, remove them safely, and watch for illness after outdoor work in brush and pasture.

Farm / unit: _____ Date: _____ By: _____

1. Check clothes and skin after work
2. Use fine-tipped tweezers
3. Grasp close to the skin
4. Pull straight up steadily
5. Clean the bite and hands
6. Save the tick if told to
7. Note the date of the bite
8. Watch for rash or fever
9. Call a doctor with symptoms

YOUR NOTES

TIP Ask your doctor about tick-borne illness and when to seek care, and wear long sleeves and repellent in brush.

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