Snake Bite First Aid Guide

A snake bite first aid guide with ordered steps for farm workers to stay calm, call for help, and avoid outdated treatments while awaiting medical care.

Farm / unit: _____ Date: _____ By: _____

1. Move away from the snake
2. Call emergency services now
3. Keep the person calm and still
4. Keep the bite below the heart
5. Remove rings and tight items
6. Wash the wound gently
7. Do not cut or suck the bite
8. Do not apply ice or a tourniquet
9. Note the time and symptoms

YOUR NOTES

TIP Call emergency services immediately, and follow dispatch and poison control advice rather than home remedies.