Heat Stress Monitoring Log

A heat stress monitoring log for crew leaders to record conditions, worker checks, water and rest breaks, and any symptoms during hot days in the field or barn.

Farm / unit: _____ Date: _____ By: _____

Date	Work area	Heat conditions	Breaks given	Symptoms noted	Initials

TIP Use the log with your written heat plan, and check on new workers and anyone showing signs of illness more often.