Farm Nutrition Facts Label Worksheet

A worksheet for gathering the information needed to prepare a nutrition facts label for a farm food product. Helps small producers sort recipes, servings and exemption questions before talking to the agency.

Farm / unit: _____ Date: _____ By: _____

Product name and recipe _____

Ingredient list with amounts _____

Serving size and servings per package _____

Package size and type _____

Source of nutrient data _____

Lab testing or software used _____

Small business exemption question _____

Label format chosen _____

Review by qualified person _____

NOTES / CALCULATIONS

TIP Check current label rules and any exemptions with the food safety agency, since they depend on size and product.