Horse Conditioning Plan Template

This printable Horse Conditioning Plan Template helps horse owners and barn managers build a conditioning plan for a horse. Print a fresh copy as needed and keep completed pages with your other barn records.

Farm / unit: _____ Date: _____ By: _____

Horse name and goals

Starting fitness notes

Weekly schedule section

Warm up and cool down

Types of work

Footing and terrain

Rest days section

Feed and water support

Review points with vet

TIP Review the plan with your vet and trainer before increasing work, and review the entries before each new season.

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