Equine Metabolic Syndrome Checklist

This printable Equine Metabolic Syndrome Checklist helps horse owners and barn managers watch for equine metabolic syndrome signs. Print a fresh copy as needed and keep completed pages with your other barn records.

Farm / unit: _____ Date: _____ By: _____

ITEM	OK	FIX	N/A
Body condition noted	☐	☐	☐
Fat pad changes	☐	☐	☐
Hoof and laminitis signs	☐	☐	☐
Diet reviewed with vet	☐	☐	☐
Pasture access noted	☐	☐	☐
Exercise level checked and noted	☐	☐	☐
Vet testing noted	☐	☐	☐
Treat and sweet feed use	☐	☐	☐
Medications noted checked and noted	☐	☐	☐
Follow-up dates checked and noted	☐	☐	☐

NOTES / REPAIRS NEEDED

TIP Use this list as an observation aid and confirm any diagnosis with your veterinarian.

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