# Sunflower Production Guide

This Sunflower Production Guide helps growers plan and record each step of growing sunflower from field selection to harvest. Fill it in by hand and keep it with your farm records for later seasons.

Farm / unit: _____ Date: _____ By: _____

1. Pick fields with suitable drainage and rotation for sunflower
2. Choose hybrid oil type and head rot risk
3. Plan seedbed work and planting window
4. Set fertility plan from soil test results
5. Note key growth stages: head fill and seed moisture
6. Scout weeds, insects and disease on a regular schedule
7. Plan harvest timing and equipment readiness
8. Record yield, quality and lessons learned

## YOUR NOTES

**TIP** Keep this beside your sunflower field notes and update each growth stage, then check local recommendations with your extension office.



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