Cover Crop Selection Guide

This Cover Crop Selection Guide helps growers choose cover crops that match your goals and cropping system. Fill it in by hand and keep it with your farm records for later seasons.

Farm / unit: _____ Date: _____ By: _____

1. Define the goal: erosion, weeds, nitrogen or forage
2. Note the main crop before and after
3. Pick species that fit your planting window
4. Check winter hardiness for your area
5. Plan seeding method and timing
6. Plan termination method and date
7. Check herbicide carryover concerns
8. Record results and cost

YOUR NOTES

TIP Start on a small field and write down what worked, then ask NRCS or extension about regional species mixes.