Beef Cattle | WORKSHEET

Beef Nutrition Facts Worksheet

A beef nutrition facts worksheet for collecting nutrient information about beef cuts to use in handouts or customer questions. Print it and keep it handy where the work gets done.

Farm / unit: _____ Date: _____ By: _____

Cut or product name _____

Record serving description _____

Source of data used _____

Record protein information _____

Record fat information _____

Vitamin and mineral notes _____

Lean claim notes _____

Date data was checked _____

NOTES / CALCULATIONS

TIP Take nutrition data from official USDA sources and check label rules before making any claim to customers.