4-H Dairy Bowl Contest Guide

A guide for 4-H dairy bowl teams on studying dairy cattle topics, running practice rounds, and preparing for buzzer-style contests. Print it, follow the steps in order, and keep the copy handy for later reference.

Farm / unit: _____ Date: _____ By: _____

1. Learn the dairy bowl contest rules
2. Divide topic areas among members
3. Study dairy breeds and terms
4. Study feeding and nutrition topics
5. Study milk and milking topics
6. Study health and herd management
7. Practice with a buzzer
8. Review missed questions

YOUR NOTES

TIP Use extension and breed association materials, and confirm which topics the contest will cover.

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