4-H | WORKSHEET

4-H Cultural Exchange Project Record

A 4-H cultural exchange project record for members to document goals, activities, costs, and lessons learned so the year's work can be summarized and reviewed.

Farm / unit: _____ Date: _____ By: _____

Name, club, and project year _____

Culture or country studied _____

Exchange activities attended _____

Foods, customs, and language learned _____

People met or hosted _____

Comparisons with my own community _____

Presentation or sharing done _____

Lessons learned _____

NOTES / CALCULATIONS

TIP Ask respectful questions and record what you learned about the people you met.