# 4-H Camp Counselor Training Guide

A training guide for new 4-H camp counselors that covers duties, camper supervision, safety, communication, and what to do in common camp situations. Print it, follow the steps in order, and keep the copy handy for later reference.

Farm / unit: _____ Date: _____ By: _____

1. Read the camp rules and schedule
2. Learn counselor duties and chain of command
3. Review camper supervision expectations
4. Learn emergency and first aid procedures
5. Practice positive guidance of campers
6. Learn about homesickness and conflict
7. Know reporting rules for concerns
8. Practice leading activities
9. Debrief with staff each day

**YOUR NOTES**

**TIP** Go through each step with the camp director and ask about local policies you are unsure of.

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